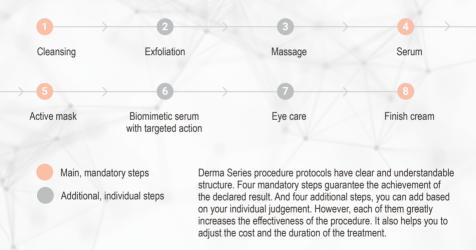




# PROCEDURE PROTOCOLS



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reneo-cosmetics.com

# SFBORFGULATION

# SEBOREGULATING CARE FOR OILY PROBLEM SKIN WITH DEEP PORE CLEANSING

Complex care (includes comedones extraction) that restores skin sebum balance and eliminates external manifestation of sebaceous glands hypersecretion (oily shine, enlarged pores, hyperkeratosis).

Maximum duration of the 8-step procedure with deep pore cleansing: 1 hour and 40 minutes.

- Mandatory step of the 4-step procedure
- Additional step of the 8-step procedure

#### INDICATIONS:

- · Increased sebum activity
- · Numerous comedones
- · Inflammatory elements
- · Oily shine
- Enlarged pores
- Hyperkeratosis
   CONTRAINDICATIONS
- Acne at active stage

# 1 CLEANSING

Clean face and neck area with P171 Ultra-Norm Cleansing Gel, and then with P175 Ultra-Norm Refreshing Tonic.

# 2 EXFOLIATION

Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and neck area. Leave it for 10 minutes. Rinse thoroughly with water. Tonify the skin

# 3 DEEP PORE CLEANSING

Apply P100 Deep Cleansing Jelly-Mask under a film and leave for 10 minutes. Afterwards remove the film in segments and the rest of the mask with a dry sponge. Deep pore cleansing can be made mechanically or with a special equipment.

#### 4 SERUM

Apply P176 Total Oil-Control Serum gently to the face and neck area. Leave it for 2-3 minutes until completely absorbed. On the inflammatory elements apply P213 Local SOS-Solution. The effect can be intensified by using of darsonval.

## 5 ACTIVE MASK

Apply P212 Sebo-Norm Mask in a dense layer. Leave it for 10-15 minutes. Remove the remains of the mask with a wet napkin. Tonify the skin.

# 6 BIOMIMETIC SERUM WITH TARGETED ACTION

Apply one of biomimetic serums to the face area as indicated. Leave it for 2-3 minutes until completely absorbed.

# 7 EYE CARE

Apply P204 Matrix Eye Cream to the eye area.

# 8 FINISH CREAM

Apply P190 Calming Light-Cream gently to the face and neck area.

# ANTI—AGE LIFT CARE LIFTING ANTI—AGE CARE WITH INDIVIDUAL CORRECTION OF AGE—RELATED MANIFESTATIONS



INDICATIONS:

• Swelling

· Strongly marked tissues ptosis

The most popular anti-age lifting treatment today! Effective stimulation of the dermis and its components, as well as activation and maintenance of all regenerative processes in the skin.

Apply P194 Renew Lifting Cream gently to the face and neck area.

Dura	ion of 8-step procedure - 1 hour.	Skin sagging
	Mandatory step of the 4-step procedure	CONTRAINDICATIONS:
	Additional step of the 8-step procedure	Claustrophobia
1	CLEANSING Clean the face and neck area with P172 Comfort Cleansing Mousse, and then	with P174 Calming Tonic.
2	EXFOLIATION Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and ne Dissolve with light massage movements and then rinse thoroughly with water.	
3	MASSAGE Massage using P102 Triple Action Dry Massage Oil. Texture of the oil allows a Remove the remains with a wet napkin. Tonify the skin.	massage lasting up to 40 minutes
4	SERUM Apply P185 3D-Lift Serum to the face and neck area. Leave it for 2-3 minutes	until completely absorbed.
5	ACTIVE MASK Prepare P131 Polypeptide Algae Mask: mix 30 g of powder and 90 ml of homogeneous mixture. You can vectorize the mask polymerization and intensife the mask with a spatula to the face area, if needed you can also cover eye and 20-30 minutes. Remove it as one piece. Then remove the remains of the mask	y lifting with gauze bandage. Apply I mouth areas. Leave the mask for
6	BIOMIMETIC SERUM WITH TARGETED ACTION Use one of biomimetic or conductive serums as indicated: P223 HPR Serum, Vita-Active Peptide Serum, P117 Anti-Wrinkle Serum, M126 Conductive Lift-Biooster.	
7	EYE CARE Apply P204 Matrix Eye Cream to the eye area.	
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# RECOVERY AND NUTRITION NOURISHING CARE WITH A CORNEOTHERAPY FEFECT

The duration of the 8-step procedure is 1 hour. Mandatory stop of the 4 stop procedure

**FINISH CREAM** 



This comprehensive care restores the skin's lipid barrier, prevents moisture loss, vitaminizes the skin and fills it with essential polyunsaturated fatty acids.

Apply P194 Renew Lifting Cream gently to the face and neck area.

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IND	ICATI	IONS
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- · Thinning skin
- Loss of tone
- Drv skin

2 EXFOLIATION Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and neck area. Leave it for minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the sk  3 MASSAGE Massage using P102 Triple Action Dry Massage Oil. Texture of the oil allows a massage lasting up minutes. Remove the remains with a wet napkin. Tonify the skin.		Additional step of the 8-step procedure
Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and neck area. Leave it for minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the sk  MASSAGE Massage using P102 Triple Action Dry Massage Oil. Texture of the oil allows a massage lasting up minutes. Remove the remains with a wet napkin. Tonify the skin.	1	CLEANSING Clean the face and neck area with P172 Comfort Cleansing Mousse, and then with P174 Calming Tonic.
Massage using P102 Triple Action Dry Massage Oil. Texture of the oil allows a massage lasting up minutes. Remove the remains with a wet napkin. Tonify the skin.	2	EXFOLIATION Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and neck area. Leave it for 5-7 minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the skin.
1 SEDIM	3	Massage using P102 Triple Action Dry Massage Oil. Texture of the oil allows a massage lasting up to 40
	4	SERUM Spread P219 Vita-Active Peptide Serum gently over the face and neck area. Leave it for 2-3 minutes until completely absorbed.
ACTIVE MASK Apply Nourishing mask in a dense layer to the face and neck area. Leave it for 15-20 minutes. Rin with warm water. Tonify the skin.	5	Apply Nourishing mask in a dense layer to the face and neck area. Leave it for 15-20 minutes. Rinse off
	6	Use one of biomimetic or conductive serums as indicated: P181 Melano-block serum, P185 3D-Lift Serum, P117 Anti-Wrinkle Serum, M126 Conductive Lift-Booster, P178 Anti-Red Calming Serum, M128 Conductive Lift-Booster, M128 Conductive Lift-Boost
7 EYE CARE Apply P204 Matrix Eye Cream to the eye area.	7	

# BIOREVITALIZATION AND MOISTURIZING MOISTURIZING BIOREVITALIZING TREATMENT

Duration of 8-step procedure - 50 min.



This care provides intensive skin hydration, smoothes wrinkles, promotes natural skin hydro-reserve ability, protection and comfort.

Apply P190 Calming Light Cream gently to the face and neck area.

#### INDICATIONS:

- Skin dehydration
- · First signs of aging
- Fine lines and wrinkles

	Additional step of the 8-step procedure  Additional step of the 8-step procedure
1	CLEANSING Clean the face and neck area with P172 Comfort Cleansing Mousse, and then with P174 Calming Tonic.
2	EXFOLIATION Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and neck area. Leave it for 5-7 minutes. Dissolve with light massage movements and then rinse thoroughly with water. Tonify the skin.
3	MASSAGE Massage using P102 Triple Action Dry Massage Oil. Texture of the oil allows a massage lasting up to 40 minutes. Soak the remains with a wet napkin. Tonify the skin.
4	SERUM Spread P117 Anti-Wrinkle Serum gently over the face and neck area. Leave it for 2-3 minutes until completely absorbed.
5	ACTIVE MASK Prepare P208 Anti-wrinkle mask: mix 30 g of powder and 90 ml of water to create a homogeneous mixture Apply the mask with a spatula to the whole face area (including eye area) and leave the mask for 20 minutes. Remove it as one piece. Tonify the skin.
6	BIOMIMETIC SERUM WITH TARGETED ACTION Use one of biomimetic or conductive serums as indicated: P181 Melano-block serum, P185 3D-Lift Serum, P219 Vita-Active Peptide Serum, P178 Anti-Red Calming Serum, M126 Conductive Lift-Booster, M128 Conductive Calm-Booster or M127 Conductive Aqua-Booster.
7	EYE CARE Apply P204 Matrix Eye Cream to the eye area.
8	FINISH CREAM

# PFFI FXPFRT FXPFRT PFFI CARE



- The most effective combination of concentrated acids and pH
- · Safe and controlled action
- Possibility of combined, individualized peel programs
- Universal 4-step protocol for all peel procedures
- · Leading developments of Spain, Italy and Israel
- · Beneficial cost of procedure

#### INDICATIONS:

- Aging skin
- Photodamage, hyperpigmentation, dyschromia
- · Oily skin, acne
- · Couperose, rosacea

Duration of procedure - 40 min.

## 1 CLEANSING

Clean the skin with P171 Ultra-Norm Cleansing Gel or P172 Comfort Cleansing Mousse. Then degrease the skin and lower the pH with M303 Pre-Peel Lotion AHA&BHA for deeper and more even acid penetration. For reactive and sensitive skin, we recommend just toning the skin with P174 Calming Tonic.

# 2 PEEL APPLICATION (AS PRESCRIBED)

Prepare 1.5 ml of peeling from PEEL-EXPERT line – as indicated to the patient. Use a brush to apply the product evenly over the face. The intensity of the effect is controlled by the exposure time or the number of layers, depending on the skin preparation and the number of treatments in the course. Exposure time for the first use is 3 minutes. In following treatments, you can increase the exposure time up to 10 minutes depending on the condition of the patient's skin.

Remove excess acids with wet sponges, then neutralize the acid remains using a cotton pad with M311 Neutralizer.

The neutralizer's remains should also be removed from the skin surface with wet sponges.

#### 3 REVITALIZING MASK

Apply P135 Hydra-Help Mask with gentle massage movements. It will instantly eliminate irritation, restore skin pH and create optimal conditions for cell regeneration. Exposure time is 10-15 min. Do not wash off the remains of the mask, just soak it with a dry napkin.

#### 4 SPF-PROTECTION

At the end of the peel procedure, be sure to use H218 Sun-Block Emulsion SPF50.

# **FN7YMF PFFLING: FXPRFSS CARE**



Quick and gentle regeneration of even the most sensitive skin! Gentle exfoliation of the stratum corneum, regeneration, and revitalization of the skin. The care provides the immediate result and has a prolonged effect.

#### INDICATIONS:

- · Pre-peeling preparation
- · Post-peeling care
- . The first signs of aging
- Skin atony
- Dull skin complexion

#### CONTRAINDICATIONS:

· Acne at active stage

Duration of procedure - 25 min.

1 CLEANSING

Clean the face and neck area with P172 Comfort Cleansing Mousse and then with P174 Calming Tonic.

2 EXFOLIATION

Apply P200 SOFT-PEELING ENZYME MASK in a thick layer to the face and neck area. Leave it for 7-10 minutes. To intensify the effect, cover the mask with a film and then cover with a warm wet towel or napkin. After the exposure, emulsify the mask with light massage movements and rinse thoroughly with water. Tonify the skin.

3 SERUM

Apply P107 RENEWING ENZYME AHA SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.

4 ACTIVE MASK

Apply P135 HYDRA-HELP MASK in a thick layer to the face and neck area. Exposure time is 10 minutes. Do not wash off the mask, remove the remains with a dry napkin. Finish cream is optional.

# LUXURY ANTI-AGE

Comprehensive anti-age care to smooth wrinkles, even skin tone. and increase its elasticity. Activation of regenerative processes in the skin and synthesis of the structural components of the dermis leads to skin thickening and increasing its elasticity.

Maximum duration of the 8-step procedure with deep pore cleansing: 1 hour.

- Mandatory step of the 4-step procedure

#### INDICATIONS:

- Type of aging with fine wrinkles
- Signs of photoaging
- Hyperpigmentation of any genesis
- · Fatique and atonicity of the skin

#### CONTRAINDICATIONS:

Acne at active stage

	Additional step of the 8-step procedure
1	CLEANSING Clean face and neck area with P172 Comfort Cleansing Mousse, and then with P174 Calming Tonic.
2	EXFOLIATION Apply P200 Soft-Peeling Enzyme Mask in a dense layer to the face and neck area. Leave it for 5-7 minutes. Rinse thoroughly with water. Tonify the skin.
3	MASSAGE Apply P102 Triple Action Dry Massage Oil. The texture of the oil allows a massage to last up to 40 minutes. Remove the remains with a wet napkin. Tonify the skin.
4	BIOMIMETIC SERUM Apply P105 LUXE-AGE GOLD FILLING SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.
5	ACTIVE MASK Prepare P106 LUXE-AGE PEARLY ALGAE MASK: mix 30 g of powder and 90 ml of water to create a homogeneous mixture. Apply the mask with a spatula to the face area. Leave the mask for 15 minutes. Remove it as one piece. Then remove the remains of the mask with a wet napkin. Tonify the skin.
6	SERUM WITH TARGETED ACTION Apply P138 LUXE-AGE DIAMOND PEPTIDE SERUM to the face and neck area. Leave it for 2-3 minutes until completely absorbed.
7	EYE CARE Apply P204 Matrix Eye Cream to the eye area.
8	FINISH CREAM Apply P194 Renew Lifting Creamgently to the face and neck area.

# BODY CARE, LOCAL THERAPY OF PROBLEM AREAS



INDICATIONS:

· Loss of skin tone

 Loose skin Excess fat reserves

- · Anti-cellulite effect
- · Firming and toning the skin
- Thermoactive effect active lymphatic drainage

	ion of 8-step procedure - 1 hour 20 minutes.  Mandatory step of the 3-step procedure  Additional step of the 5-step procedure
1	EXPHOLIATION
	$\label{eq:massage} \textbf{Massage using P317 Creamy-Scrab} \ . \ Rinse off with warm water. For gentle action, apply to damp skin, for more intensive action, apply to dry skin.$
2	ACTIVE WARMING CONCENTRATE
	Apply P319 Thermo-Active slim gel under a film for 7-10 minutes until the skin is actively warmed. Whe applied, the skin turns red for some time.
3	MASSAGE
	Massage using P318 Light massage oil. Remove excess oils with a dry napkin or towel.
4	MASK
	Prepare P321 Slimming Algae mask. Mix for one minute 300 ml of hot water (60°C) and 150 g of powde to create homogeneous mixture. Apply to the problem areas. After 20 minutes, remove it as one piece To enhance the anti-cellulite effect, you can add 15 ml of P319 Thermo-Active slim gel to the mask whill mixing.
5	END OF TREATMENT
	Apply all over the body H323 Moisturizing silky fluid or H221 Milk lotion SPF30. H324 Refreshing foot go is recommended to be applied to less

# **BODY CARE EXPRESS DETOX**



- · Clear and fast treatment
- · Only 3 products in a procedure
- 3 kinds of salt detox, mineralization and osmoregulation
- · Temperature effect stimulates vessels activity

#### INDICATIONS:

- · Signs of tissue swelling
- · Cellulite, swollen form
- Excess fat reserves

# Duration of procedure - 1 hour

## 1 EXPHOLIATION

Massage using P317 Creamy-Scrab. Rinse off with warm water. For gentle action, apply to damp skin, for more intensive action, apply to dry skin.

## 2 ACTIVE DETOX

Apply P316 Detoxifying triple salt treatment gently and wrap in a film. Turn on the thermal blanket for 40 min. Then shower is required.

#### 3 END OF TREATMENT

Apply all over the body H323 Moisturizzing silky fluid or H221 Milk lotion SPF30. H324 Refreshing foot gel is recommended to be applied to legs.

# BODY CARE SPA-ACTIVE



- · Simultaneous relaxation and active weight loss
- · Activation of all metabolic processes
- Thermal process the unique aroma and release of all active substances

#### INDICATIONS:

- Increased size and number of adipocytes
- · Increased lipogenesis
- · Tissues spasm and congestion
- Overstretching of dermis fibers

Duration of procedure - 1 hour - 1.5 hours

# 1 EXPHOLIATION

Massage using P317 Creamy-Scrab . Rinse off with warm water. For gentle action, apply to damp skin, for more intensive action, apply to dry skin.

# 2 MASSAGE

Massage using P152 Relaxing blueberry massage gel. The massage technique can be chosen by a specialist. After completing the massage with wet hands, dissolve the remaining gel on the skin. The gel turns into a gentle melting milk.

Remove the remains of milk with a dry napkin or towel.

# 3 WRAP

Prepare P322 Chocolate thermo-cocoon. Mix 250g of powder and 250ml of water (20°C – maximum temperature) to create homogeneous mixture. Quickly apply it all over the body or on chosen zones (do not apply on brest area). It is pleasantly warm. Cover with plastic foil to keep the heating effect. The exposure time is 15-30 minutes.

#### 4 END OF TREATMENT

Apply all over the body H323 Moisturizing silky fluid or H221 Milk lotion SPF30.

H324 Refreshing foot gel is recommended to be applied to legs.